

Finances for the Sandwich Generation

- TITLE:** Golden 1 Presents: The Golden Rules of Finance
- TITLE:** Finances for the Sandwich Generation
- TITLE:** How to care for aging parents while still supporting your own children.
- TITLE:** Ask your parents where they stand physically, emotionally and financially.
- TITLE:** Discuss your parent's living options. ("Home, Assisted living care, nursing home" are shown)
- TITLE:** Prepare or update legal documents. ("Will, Trust, Power of Attorney" are shown)
- TITLE:** Continue saving money for your children's needs.
- TITLE:** Hold family meetings with your children. It's important not to lose focus on them.
- TITLE:** Follow one or many of these steps, and you'll be golden.
- TITLE:** Golden 1 Credit Union. Visit golden1.com/financialwellness for more Golden Rules of Finance.